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7259836645

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**Special Welcome to
Today's Honorable Chief Guest****DR. S. R. NAYAK**

Dr. S R Nayak was born in Mangalore and began his educational journey at Montfort School in Yercaud. He pursued his medical degree (MBBS) from KMC

Manipal between 1978 and 1982. He further specialized in Obstetrics and Gynecology, earning both his Diploma and Master's degrees (DGO & MD) at KMC Mangalore in 1987.

His quest for knowledge led him to the prestigious Queen Elizabeth Hospital at the University of Adelaide in South Australia in 1991, where he focused on In Vitro Fertilization (IVF) and Endoscopy. Dr. Nayak joined KMC Mangalore as a lecturer on November 17, 1988, and has since become a cornerstone of the OBG Department, serving as its Head for eleven years and dedicating a total of 36 years to the faculty.

In his personal life, Dr. Nayak is married to Asha, and they are blessed with two daughters. Their elder daughter, Pavithra, has completed her MBA in Hyderabad and currently works with Accenture in London. Their younger daughter, Pallavi, holds an MSc in Psychology and is currently residing in Germany. Asha, Dr. Nayak's wife, is a devoted homemaker.

*Never look up to anyone- never look down on anyone.
When you see everything as it is, you will navigate through
life effortlessly.*

*Finding joy within and giving joy to everyone around you is
the foundation that is needed for ultimate wellbeing.*

PROGRAMME

TODAY AT 07.00 PM

Chief guest : **Dr. S. R. Nayak, KMC**Topic : **Cervical Cancer Prevention**

Ann & Annets invited

Dinner Meeting

Next meeting. 26.11.2024. AT 07.30 PM

Speaker meeting

Anns & Annets Invited

In the weekly meeting held on 12.11.2024 - PDG MD Rtn. Ranganath Bhat M informed that while Paul Harris is the father of Rotary, Arch Clump is the father of The Rotary Foundation. He was a member of the Rotary Club of Cleaveland and became President of the Club in 1912. He was one of the member in the team which wrote the Constitution of Rotary. Further he also drafted rules for attendance in Rotary. He was one of the first to insist on founding a European branch office of Rotary International. After he became RI President in the 1917 Atlanta Convention he announced that Rotary should have an endowment fund for financing the projects for helping the needy around our community. Rotary Club of Kansas City gave the first donation of \$ 26.50 to this fund. In 1928 it was renamed as The Rotary Foundation. He was the Chairman of the Rotary foundation from 1928-35. The donations to the The Rotary Foundation is properly audited and about 88% of the funds are utilized for projects and only 12% are utilized for administrative costs. The rating agency Charity Navigator has rated 4 Star Rating to The Rotary Foundation for last 14 years in row he said.

After Paul Harris Died Paul Harris Fellow (PHF) recognition system started in Rotary. By donating \$1000 to Rotary Foundation, any one can obtain a PHF which is of proud recognition in the Rotary. Rotary has done innumerable service projects such as the Group Study Exchange Program, Students Exchange Program, Ambassadorial Scholarships, Matching Grants etc. Rotary believe in sustainable projects to make help changes in the communities around us. Rotarians should do big projects so as to create good public image. Some of the big projects done in Mangalore are Providing Dialysis centre to Wenlock Hospital, Blood Bank and Milk Bank etc. The biggest project Rotary is doing is the Polio Plus program launched in 1985. India has become polio free from 2014 but still in Afghanistan and Pakistan incidence of polio are there. Therefore the program is required to be continued and we have to donate to the Polio Plus Fund by becoming Polio Society Member by contributing \$100. He further informed that 50% of whatever money a club contributes to the Rotary Foundation comes back to the Club in the 3rd year for doing projects. All the projects of rotary are required to be done within the seven focus areas of the Rotary.

Last year Dist. 3181 has contributed 3.50 lakh dollars to the Rotary Foundation and this year the target is 5 lakh dollars. Rtn Bhat said that Mangalore North is more than 55 years old and has contributed 121000 dollars to the Foundation. There are 30 PHFs & 2 Major Donors but this figure needs to go up. He said your club has already contributed 4500 dollar so you should reach atleast 10000 dollars before the year end, he said.

Rtn. Mohan Nair presided and welcomed. He said that the District RYLA Program was a great success and informed that 102 registered and 96 students from the Colleges of Mysore, Kodagu and Dakshina Kannada participated and thanked all the people who had made the program a grand success. Zonal cultural competition is going to held on 16th & 17th and he requested participation from the club. Further TRF Seminar is going to held Mysore on 22nd and he requested members to attend the same.

District Yoga Chairman Rtn. J. V. Shetty informed that the Validictory function of the District Yoga Shibir which has been going on for the last 30 days is going to be held on 17th of November and requested everybody to attend the same. In the beginning Ann Geetha Shetty rendered the invocation. Rtn. Raghavan S introduced the chief guest and finally Rtn. Ganesh Krishna Bhat proposed the vote of thanks.



Prof. Dr Shivaprasad K MD (Hom)

Prof. Dr Jyoshna S MD (Hom)

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ರೋಟರಿ ಬಾಲಭಾವನದಲ್ಲಿ ರೋಟರಿ ಕ್ಲಬ್ ಉತ್ತರ ಇವರುತ್ತೇ ಪತಂಜಲಿ ಯೋಗ ಪ್ರತಿಷ್ಠಾನ (ರಿ) ಮಂಗಳೂರು ಇವರ ಸಹಯೋಗದಲ್ಲಿ ಆಯೋಜಿಸಿದ 30 ದಿನಗಳ ರೋಟರಿ ಜಿಲ್ಲಾ ಮಟ್ಟದ ಯೋಗ ಶಿಬಿರದ ಸಮಾರೋಪ ಸಮಾರಂಭ ಹಾಗೂ ಪ್ರಶಸ್ತಿ ವಿತರಣಾ ಕಾರ್ಯಕ್ರಮವು ರೋಟರಿ ಬಾಲಭವನ ಗಾಂಧೀನಗರ ಇಲ್ಲಿ ತಾ 17.11.2024ರ ಬೆಳಿಗ್ಗೆ 6 ಗಂಟೆಗೆ ಜರಗಿತು. ಮುಖ್ಯ ಅತಿಥಿಗಳಾಗಿ ಯೋಗ ರತ್ನ ದೇಲಂಪಾಡಿ ಗೋಪಾಲಕೃಷ್ಣ ಮತ್ತು ರೋಟರಿ ಜಿಲ್ಲಾ ಮಾಜಿ ರಾಜ್ಯಪಾಲ ಕೆ. ಕೃಷ್ಣ ಶೆಟ್ಟಿ ಆಗಮಿಸಿ ಪ್ರಶಸ್ತಿ ವಿತರಣೆ ಮಾಡಿದರು. ಯೋಗ ಶಿಕ್ಷಕ ಶ್ರೀ ಪತಂಜಲಿ ಯೋಗ ಶಿಕ್ಷಣ ಪ್ರತಿಷ್ಠಾನದ ಅಧ್ಯಕ್ಷ ಶ್ರೀ ಏಕನಾಥ ಬಾಳಿಗರವರಿಗೆ ಸನ್ಮಾನ ಮಾಡಲಾಯಿತು. ಮಂಗಳೂರು ಉತ್ತರ ರೋಟರಿ ಕ್ಲಬ್ ಅಧ್ಯಕ್ಷ ಮೋಹನ್ ನಾಯರ್‌ರವರು ಸ್ವಾಗತಿಸಿದರು. ಶ್ರೀ ಪತಂಜಲಿ ಯೋಗ ಶಿಕ್ಷಣ ಪ್ರತಿಷ್ಠಾನದ ಉಪಾಧ್ಯಕ್ಷ ಶ್ರೀ ಪರಮೇಶ್ವರ ಪೂಜಾರಿ ವಂದನಾರ್ಪಣೆ ಸಲ್ಲಿಸಿದರು. ಇನ್ನೋರ್ವ ಉಪಾಧ್ಯಕ್ಷ ಶ್ರೀ ಯೋಗೀಶ್ ಶೆಟ್ಟಿಯವರು ಮುಖ್ಯ ಅತಿಥಿಗಳಾದ ಶ್ರೀ ಯೋಗರತ್ನ ದೇಲಂಪಾಡಿ ಗೋಪಾಲಕೃಷ್ಣರವರ ಪರಿಚಯ ಮಾಡಿಕೊಟ್ಟರು. ರೋಟರಿ ಜಿಲ್ಲಾ ಯೋಗ ಕಾರ್ಯಕ್ರಮಗಳ ಅಧ್ಯಕ್ಷ ಹಾಗೂ ಮಂಗಳೂರು ಉತ್ತರ ಕ್ಲಬ್ ಕೋಶಾಧಿಕಾರಿ ರೋ. ಜೆ. ವಿ. ಶೆಟ್ಟಿ ಯವರು ಕಾರ್ಯಕ್ರಮ ನಡೆಸಿ ಕೊಟ್ಟರು. ಪ್ರತಿಷ್ಠಾನದ ಕಾರ್ಯದರ್ಶಿ ಶ್ರೀ ಧನಂಜಯ ಕೊಟಾರಿ ಮತ್ತು ರೋಟರಿ ಜಿಲ್ಲಾ ಉಪಾಧ್ಯಕ್ಷ ರೋ. ವಿಶ್ವನಾಥ್ ಶೆಟ್ಟಿ ಮತ್ತು ವೇದಿಕೆಯಲ್ಲಿ ಉಪಸ್ಥಿತರಿದ್ದರು.



Amritha Kala Sambhrama the Annual Zonal Cultural Festival of Zone 2 and 3 was held on 16th & 17th November 2024 at Tulu Bhavan, Urwa Store, Mangalore. Our Annet Suhena Sudarshan won First Prize in the Singing Solo Seniors category. Our Ann Chitra Vijaya Rao won Second Prize in Solo Dance Women category. Hearty Congratulations to them. President Rtn. Mohan Nair, AG Rtn. Vishwanath M. Shetty, Treasurer J. V. Shetty, PP Rtn. Dr. Prakash K. E. District Secretary (Learning) Rtn. Dr. Shivaprasad, Ann Jyoshna Shivaprasad, Rtn. Suraj Kotian, Rtn. Lohidas, Rtn. T. G. Shenoy, Anns Shanthi Nair, Sumathi Shetty and Sumathi Shenoy attended the program.







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ನಮ್ಮ ಕೋಶಾಧಿಕಾರಿ ಹಾಗೂ ತುಳುಕೂಟ ಕುಡ್ಡದ ಉಪಾಧ್ಯಕ್ಷರಾದ ರೋ. ಜಿ. ವಿ. ಶೆಟ್ಟಿಯವರು ಇತ್ತೀಚೆಗೆ ತುಳುಕೂಟ ಕುಡ್ಡ (ಓ) ಮಂಗಳೂರು ಇದರ ವತಿಯಿಂದ ಧರ್ಮಾಧಿಕಾರಿ ಶ್ರೀ ವೀರೇಂದ್ರ ಹೆಗ್ಡೆಯವರನ್ನು ಶಾಲು ಹೊದಿಸಿ ಗೌರವಿಸಿದರು ಹಾಗೂ ತುಳುಕೂಟದ ಸುವರ್ಣ ಸಮಾರಂಭ ಆಚರಿಸುವ ಬಗ್ಗೆ ಮಾರ್ಗದರ್ಶನ ಸಹೆದರು.

Our member AG Rtn. Vishwanatha M. Shetty was the Chief Guest of the Rotary Club of Mangalore City in the meeting on 14-11-24 held at Officers Club Mangalore wherein new Lady Members were inducted as Rotarians. ←



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AND
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 INCORPORATION WITH
HDFC BANK

AND
KMC BLOOD CENTER, MANGALORE
 cordially invite you to the inauguration of
BLOOD DONATION CAMP
 November 20th, 2024 | 10.00 AM

Chief Guests:
 Dr. Basappa Rao, Medical Officer, Attn: AKMC, Mangalore
 Mr. Mahesh Naik, President, Rotary Club, Mangalore North
 Mr. Manoj Prabhu, Head Vice President, IIBC Bank Ltd, WFO, Mangalore

President:
 Dr. H. Shankar, Shree Devi Institute of Technology, Mangalore

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Venue: Eduast Hall

Rotary District 3881

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Inauguration By:
AKS Rtn Er Muruganandam M
 Rotary International Director 2025 - 27
 Chairman - Excel Group of Companies

Date: Saturday 23rd November 2024, Time - 02:00 PM Onwards
 Venue: Sri Kanteerava Narasimharaja Sports Club, Mysuru

Dr. Alvyra Vincent D'Sa, Professor of English & Registrar of the Autonomous College has been recognized by the jury of the All India Association of Christian Higher Education (AIACHE) as the **Best Researcher**. This prestigious award presented by AIACHE, honours outstanding contribution to education and research. This recognition underscores their remarkable impact and commitment to advancing academic excellence.

Dr. Alvyra Vincent D'Sa has also been recognized by AIACHE as the **Best Innovative Faculty**. This prestigious award presented by AIACHE honours outstanding contributions to education and research. This recognition underscores their remarkable impact and commitment to advancing academic excellence by the selected Faculty.

The recipient will be presented the Awards, which includes a cash prize, a commemorative shield, and an official certificate of excellence during its **Triennial Conference in Bhubaneswar**, to be held from **December 27-29, 2024**.

Congratulations!
Vice Chancellor

Birthday Greeting



Mr. Raghavan S
14th Nov



Mr. Sohan Divya Rai
15th Nov



Ann Sumathi Shenoy
16th Nov



Rtn Suresh Kini
19th Nov

Jone Prajwal Krishna Shetty 13th Nov.

Annet Sameeksha Prakash Shetty, 17th Nov.

Annet Neetha J. V. Shetty, 17th Nov.

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